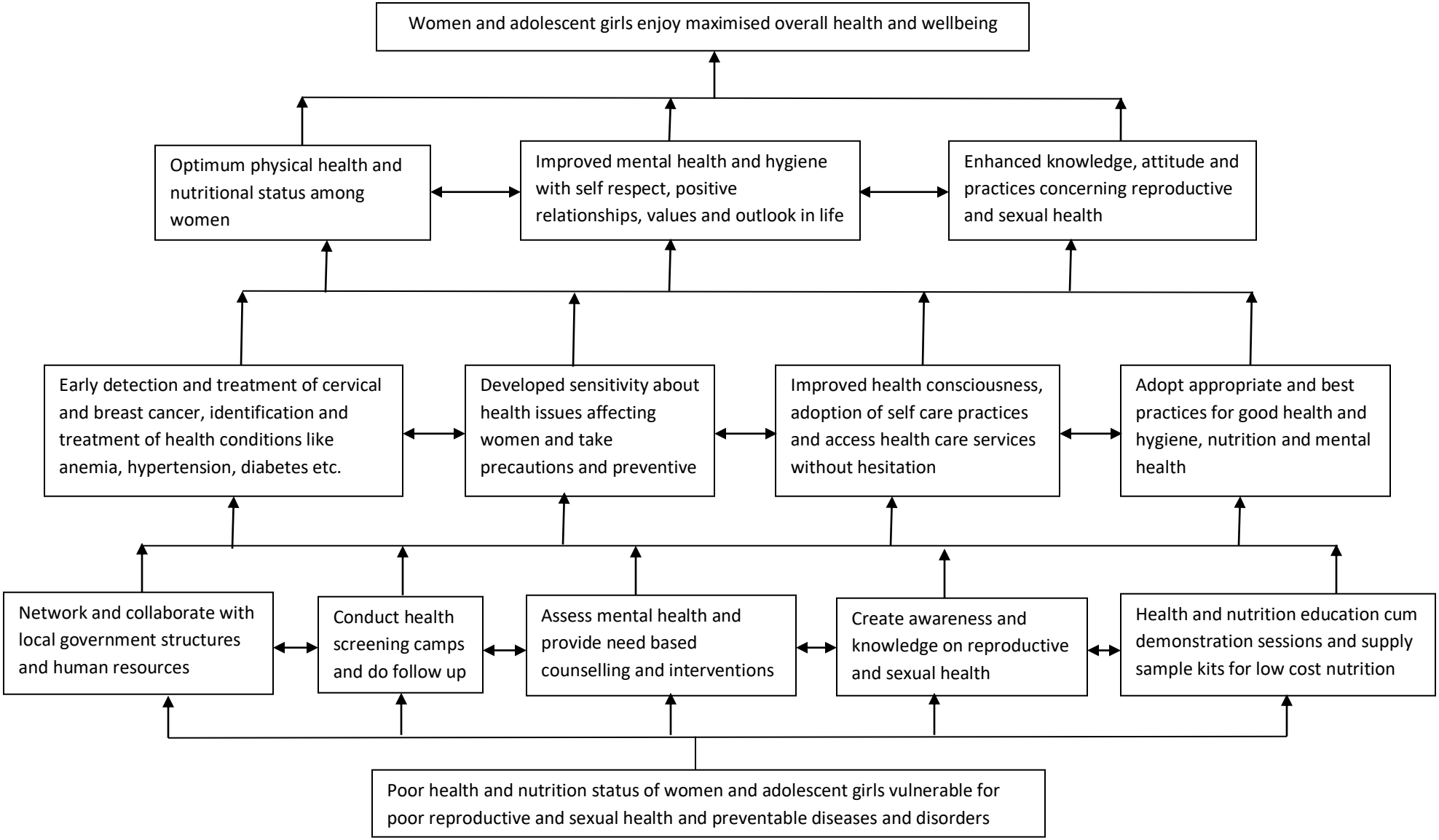Theory of Change – Health of women and adolescent girls